

# SAFETY MEETING



## TOPIC - SLIP, TRIP & FALL PREVENTION

Slip, trip, and fall accidents are some of the most common and preventable workplace accidents. These types of accidents can result in serious injuries, such as broken bones, sprains, and head injuries, and can even be fatal. It is important for all employees to be aware of the potential hazards and take the necessary precautions to prevent these accidents from occurring.

Here are five key topics to consider when it comes to slip, trip, and fall prevention in the workplace:

- **Housekeeping:** Keeping a clean and orderly work environment is essential for preventing slip, trip, and fall accidents. This means regularly cleaning up spills, picking up debris, and properly storing materials and equipment.
- **Footwear:** Proper footwear is an important aspect of slip, trip, and fall prevention. Shoes should have good traction and be in good condition, with no holes or worn soles. If the nature of the work requires special footwear, such as steel-toed boots, it is important to wear them at all times.
- **Lighting:** Poor lighting can be a major contributor to slip, trip, and fall accidents. It is important to ensure that all areas of the workplace are well-lit and that lighting is appropriate for the task being performed.
- **Floor surfaces:** The condition of the floor can also play a role in slip, trip, and fall accidents. Floors should be kept in good repair, free of cracks, holes, and other hazards. If a floor is wet or slippery, caution signs should be posted and employees should take extra care when walking on it.
- **Ladder safety:** Ladders are a common cause of slip, trip, and fall accidents. It is important to use ladders correctly and to inspect them regularly to ensure they are in good condition. When using a ladder, employees should always face the ladder, maintain three points of contact, and never stand on the top two rungs.

By following these simple precautions, we can significantly reduce the risk of slip, trip, and fall accidents in the workplace. Remember, safety is everyone's responsibility, so be sure to take the necessary steps to prevent these types of accidents from occurring.